

SBS UNIVERSITY ORGANIZED WORKSHOP ON PERSONALITY DEVELOPMENT



Sardar Bhagwan Singh University organized a highly impactful workshop on Personality Development & Career Counselling on 21st November, 2019 for Pharmacy, Biotechnology, Microbiology, Pharm chemistry and Chemistry students. Resource Person Mrs. Rekha Kalia (Corporate Soft Skill Trainer and Counsellor) elaborated the importance of personality development among students. She also said that students should focus on inner persona, body language and pressure handling ability to cope up with the National and Global Challenges. The program enriched the students regarding efficiency in professional language, time management and inters personal behavioural and skill developments. The workshop comprised with demonstration-cum-discussion, group discussion and on the spot

assignments. More than 150 students participated in the workshop. On behalf of the University, Dr. Mamta. F. Singh felicitated Mrs. Rekha Kalia with a memento as token of gratitude. The workshop was organized by Training & Placement Office of the University.

