

# **SARDAR BHAGWAN SINGH UNIVERSITY, DEHRADUN CELEBRATED WORLD PHYSIOTHERAPY DAY**



On the occasion of World Physiotherapy Day and Silver Jubilee Year of the School of Physiotherapy and Allied Health of Sardar Bhagwan Singh University, Dehradun an Alumni-Student Interactive session was organized on 8<sup>th</sup> September, 2021 virtually. The program was started with the golden words of Dr. Gaurav Deep Singh (Member Secretary, Board of Governors), who congratulated all the alumni and students on the occasion of World Physiotherapy Day. Then Vice Chancellor (Officiating) Prof. R. K. Singh addressed the gathering and highlighted the importance of physiotherapy in daily life. In the Alumni-Student Interactive session, Prof. Maneesh Arora (Dean Student Welfare, SBS University, Dehradun), Dr. R. Arunmozhi (SBS University, Dehradun), Dr. Hapeesh Rajpal (Physiotherapist, Indiana, USA), Dr. Rahul Parihar (Physiotherapist, Michigan USA), Dr. R. Raghuveer (Gitam University, Andhra Pradesh) and Dr. Shilpa Jain (DPSRU, New Delhi) shared their knowledge on Myokinetic Releases, Insights of Thoracic Outlet Syndrome, Recent Trends in Low Back Pain Management, LSVT Exercise Protocol in Parkinsonism, Current Practice in Neuro-Rehabilitation and Emerging Treatment for Myofascial Trigger Points, respectively. Then an interactive talk session between Dr. Ajay Arora (Physiotherapist, USA), Dr. Prahlad Priyadarshi (Physiotherapist, New Delhi), Dr. Ishaan Marwaha (Physiotherapist, Tokyo Olympic 2020, Gold Medal Winner Mr. Neeraj Chopra), Dr. Jaspreet Kaur Kang (Physiotherapist, Gujrat), Dr. Amit Dhawan (Managing Director, Rudraksh Physiotherapy Clinic, Shimla) and Dr. Kanu Priya (Physiotherapist King Edward Memorial Hospital, Bermuda) was also organized on the topic: The Road to Success in Physiotherapy. More than 200 students were joined the program via online mode. The program was coordinated by Dr. Meghna Wadhwa, Mr. Niranjan Shah, Mr. Vishal Warikoo and Mr. Paras Joshi. The event came to a glorious end with a formal vote of thanks delivered by Dr. Reena Kumari (Head of the Department, School of Physiotherapy and Allied Health).