

## **SARDAR BHAGWAN SINGH UNIVERSITY ORGANIZED TWO DAYS WORKSHOP ON DRY NEEDLING TECHNIQUE**



Sardar Bhagwan Singh University, Dehradun organized two days workshop on Dry Needling Technique for Master in Physiotherapy students on (01-02) April. Dr. Vardhman Jain, Dry Needling Technique Expert, Mumbai was present in the workshop as resource person.

Prof. Maneesh Arora (Dean Students Welfare), Prof. Reena Kumari (Head of the Department, School of Physiotherapy and Allied Health) and Prof. R. Arunmozhi welcomed Dr. Vardhman Jain with a memento as a token of gratitude.

Dr. Vardhman Jain interacted with the fellow physiotherapy students of the University and enlightened them about how dry needling and cupping techniques used to treat musculoskeletal ailment and some of the neurological conditions. He also mentioned that cupping therapy is a traditional Chinese practice to improve blood circulation and activation of immune system. Dr. Jain discussed the minute details of the technique by Hands on Training Program. Dr. Jain

encouraged and wished participants for their bright future. The program was coordinated by Dr. Niranjana Shah. All the faculty members and students were present during the workshop.

